



**artist name:** sleep study  
**website:** sleepstudymusic.com  
**file under:** indie rock/indie pop  
**for fans of:** big star, dr. dog, zeus, beulah  
**discography:** nothing can destroy (2012)  
**key tracks:** flower girl, it's not fair, split the scene  
**contact:** sleep.study.music@gmail.com  
**booking:** greenroomcraig@gmail.com  
**label:** simon recordings (new york, ny)

### who we are:

Assembled in 2011, Minneapolis rock quartet Sleep Study has lived up to high expectations set by their dedicated followers and the media. "Coupled with strong chemistry within the band and an updated '70s aesthetic as heard on their first single 'Flower Girl,' the group has been making waves since their formation last summer." (NPR – 89.3 The Current). The band has tackled the near impossible task of being relevant while nodding to heroes of rock's past.

After signing with boutique NY label Simon Recordings, their debut album *Nothing Can Destroy* was officially released August 2012 and has earned glowing reviews all over the United States.

The band's formula is a natural cooperative of strengths from all members, combining Ryan Paul Plewacki's (vocals/guitar) brand of Brit flavored rock with Justin Hartke's (vocals/bass) Seattle upbringing and Jack Ventimiglia's (guitar) lo-fi background. The calculated drumming of Woody Stulberg solidifies their retro sound. Each individual has a rich history in the Minneapolis and national music world. Collectively, the members of Sleep Study have shared stages and played on recordings with Al Kooper, Kid Dakota, The Honeydogs, Minor Kingdom, and more.

Always looking forward, the band has steadily expanded their net, garnering respect and turning heads wherever they land, including a repeat trips to SXSW and CMJ, two national tours, a debut appearance at Milwaukee's famed Summerfest and many opening sets for national acts stopping through the Twin Cities.

Sleep Study's unapologetic dedication to their modern take on a 70's pop sound has earned them continued press from news outlets in their home state and beyond. Their single "Flower Girl" (video: <http://youtu.be/29oW0XIZ0lg>) was nominated for an **Independent Music Award** and the band was recently named by Paste Magazine as one of **12 Minnesota Bands You Should Listen to Now**.

Never stopping to pause, Sleep Study is in the studio recording their follow-up record. The band's newest single "Peace and Letting Go" offers fans a preview of the tight ensemble that has coalesced over the past year - and a tasty peak at the rock direction to expect from the band's forthcoming release.

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*"'70s British rock meets '80s power pop in this Minneapolis quartet."* - **Paste Magazine**

*"They fill a niche that the community hasn't embraced as fully compared to other music genres, and perhaps that's why the interest in Sleep Study's future is so promising."* - **89.3 The Current NPR**

*"...a classic and sophisticated Brit-rock sheen, from the T. Rex-y glam-pop of the opener 'Flower Girl' to several songs that recall Robyn Hitchcock to, yes, ample 'Revolver'-style Beatles majesty. But no Radiohead, refreshingly."* - **Star Tribune (US)**



*Nothing Can Destroy (2012)*  
Simon Recordings, NY